



## What's on the menu?



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Before you start salivating, we are not talking food. We are talking about the **elusive** and **mystical salon treatment menu**. Why mystical? Because so often they are filled with jargon and treatments that leave most people in the dark. LED, Ultra Sonic, Acid Peels and IonActives ... what exactly am I booking in for? **Never fear, let's talk facts.**

### Why do I need a skin treatment?

I don't know anyone who doesn't want a healthy glowing skin. And I'm sure that most people do what they can at home to keep on top of cleansing and moisturising daily. But I'm not afraid to admit that when it comes to exfoliating or masking, I fall short. Your skin is the largest living organ of the body, defending us from UV and pollution, eliminating toxins and oils and stopping us from losing water and shrivelling like a prune. So shouldn't we dote as much attention upon our skin as we do our hair and nails (which are dead by the way!)? If you truly want the best skin you can have, you need to book in for a skin treatment that will exfoliate, soothe, revitalise and nourish - until you get that just-stepped-out-of-a-salon glow.

### So what are the options?

A great skin treatment should be personalised just for you. Whether you have an oily t-zone and flaky cheeks or puffy eyes and sensitivity, your treatment should be tailor made each time to solve your specific concerns. All you need to do is decide the time you have available and your skin therapist will do the rest.



#### Got 10 minutes?

Get a complimentary Dermalogica Face Mapping® skin analysis. This in depth skin analysis coupled with a discussion on your key concerns will give you incredible personal insight into why your skin is the way it is. Leave armed with a full understanding of how to have the best skin you can have and a ton of professional tips on getting the most out of your homecare. therapist will do the rest.



#### Got 20 minutes?

In just twenty minutes you can have a skin treatment. Yes, just twenty minutes! No, you won't get the full on massage and layers of masks, but you will get a high impact treatment to target a specific concern. Want to look brighter: have a targeted exfoliation. Want replenishment: focus on serums and masques. It's amazing what you can achieve in less than half an hour. This is a firm favourite with those who have minimal time and is great value for money.



#### Got 45 minutes?

In forty-five minutes you enter the realms of some serious science with options for highly active Acid Peels and Treatment Serums and Masques driven into the skin using advanced technology like Ultra Sonic and LED. The jargon is not important. What's important is that today's modern peels leave skin looking incredibly fresh and healthy while feeling smooth and calm. No downtime, just amazing skin. And all that technology simply boosts results to another level, targeting fine lines, reducing brown spots and healing breakouts. This is the treatment for people have more serious concerns regarding ageing, breakouts and hydration and want to see results fast.



#### Got 60 minutes?

Ah, just breathe. If life feels just too busy and your skin and body are shouting 'help me!', this is what you need. Sixty minutes in the hands of an expert skin therapist who will not only personalise a skin treatment just for you but will also calm your mind and soothe your body in a world of relaxation. Professional double cleansing, exfoliation, Face Mapping® skin analysis, massage, treatment serums, masques, hot towels... it's all on the agenda. Trust me, if you have never yet experienced a Dermalogica 60 minute treatment, you haven't lived!



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